



Since 1984 **Arne Rantzén's loving presence and skillful healing methods** has helped thousands of people around the world, ranging from those with injuries and chronic problems to those who are set to achieve their dreams.

Arne began his healing career over 30 years ago working extensively with Western medicine.

Dissatisfied with the temporary results of symptomatic healing and its intrusive nature led him to study with the most prominent healers in the Contemporary Healing Arts. He studied Aston Patterning, Craniosacral Therapy, and Reiki. He became a teacher of Reflexology, Rebirthing, the International Seminar Leadership Program directed by Bob and Mallie Mandel, Body Harmony, trained by Dr. Don McFarland, and the Loving Relationships Training under the guidance of Sondra Ray. He also studied the Course in Miracles, as well as a deep engagement with Tibetan Buddhism.

His passion for the human potential and knack for helping people inspired Arne to create 'Unlimited Body' and 'Unlimited Breath' in 1995 and Creative Questions in 2001, explained in detail in their extensive workbooks.

Today, Arne is committed to creating a healthy, wealthy, happy, and inspirational world.

You too may choose Arne as your practitioner and receive private healing sessions and guidance on your self-discovery journey!

How can you live up to your potential?

Understanding the power of the human potential is the first step toward healing ourselves, our bodies, broken hearts, and our stress-filled lives. You took that first step when you picked up this brochure. You deserve to be pain-free, healthy, happy and living your life to your fullest potential.

Here are some people who have reached for their potential!

"I had a heavy chest, difficult to breathe and cold air hurt with each breath. After my pneumonia at 18 I have kept getting sick and had to take antibiotics 4 to 5 times each year. I was missing out on work and my life. After my Unlimited Breath sessions my breathing feels free and the tightness in my chest is gone. I feel more space both in my chest and in my life." - Robert Carlson-Moeller

"I had been diagnosed with arterial fibrillation, a chronic heart problem. After working with Unlimited Breath, I have had no symptoms for over one year and I have never felt better! I highly recommend this program to anyone with a health problem." - Ron Weseman

Why Would You Choose A Healing Session Today?

Arne Rantzén

Port St. Lucie, Florida

(772) 678-8070

Arne@UnlimitedBreath.com

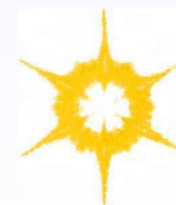
Read more on our website
www.UnlimitedBreath.com

Unlimited Breath



For A Conscious Life!

Empowering Natural Breathing Consultations



Arne Rantzén

Master Practitioner

What would you do if somebody told you there was a **tool available** to radically **change your life**? That a "magic wand" existed that could open you up to success, wipe away your fears and show you everything you need to live a happy and **meaningful life**?

Well, this secret tool **DOES** exist. The secret tool is your own breathing. That's right; the very breath that you take for granted, that you barely notice, that is minimized to bare survival and that is decreasing year after year is actually trying to get through to you how it wants to be flowing through its inhale and exhale.

If you **take the time to notice**, your breathing will tell you not only how to avoid failure, depression, and disconcerting situations, but how to **live with total passion**, emotional aliveness, physical fitness and spiritual connection.

The biggest problem is that most people have given up the idea of a naturally fulfilling life. As ludicrous as this sounds, most of us accept our problems, resigning our-selves to dreary lives. "Life is a struggle", "Life is working against us" and "Life has to be earned" is almost our national motto.

If you are looking for self-discovery and personal improvement a **professional Unlimited Breath practitioner** can give you metaphysical **guidance** and be your breathing coach for you to **meet your magnificent self**.

You are important and deserve attention.

The Unlimited Breath Healing Session

What Can Unlimited Breath Do For You?

You breathe all day. Yet rarely do you notice. Breathing the way you were meant to, boosts you to live your life to the fullest. Unlimited Breath teaches you how to use your Natural Breathing - charging yourself up with healing oxygen and spirit.

You think all day. Yet you are mostly unaware. What you think of reflects how you experience your life. Until recently many have believed that life happens in a chance manner and you had to accept your lot. Unlimited Breath teaches you how to consciously put you in the driver's seat of your life.



Your body's main fuel and energy source is oxygen which is *enhanced by breathing effectively*. The more oxygen your cells have, the better they function. Most of us use only 20% of our lung capacity. So the potential of every breath can be improved by 80%.

Unlimited Breath also works for you as a highly efficient cleansing therapy, since 70% of your body's toxins and wastes is eliminated through the breath.



Natural Breathing improves your physical health, opens up your emotional well-being and gives you a mental positive attitude for Your Personal Quest.

The Unlimited Breath session!



Choosing the set of ten Unlimited Breath sessions with a skilled practitioner will be one of the most gratifying gifts you can give yourself. It will improve your life in a nurturing, safe, gentle and uplifting environment.

Your 2 hour Unlimited Breath session, starts with your practitioner taking you through an interview process. This helps you discover the disposition that you want to transform so you can choose the habits that will promote your goals.

During the breathing section, that lasts around an hour, you will lay down, fully clothed except for your shoes, on a comfortable healing table to be coached through the Five Breathing Basics.

After completing your Breathing Cycle you discuss your experiences and the insights you have achieved.

You complete the session with your practitioner giving you a Creative Question homework to practice until your next session.

**Call Today
for an Appointment
&
More Information
(772) 678-8070**

"I had no life. All I did was sleep and go to work. Now I have moved, landed a better job and enjoy my life again. I am amazed that that Unlimited Breath is so powerful and yet so easily done." - Dakota

"Through Unlimited Breath I have released my anxiety and difficulty breathing. I no longer feel fear or require a daily use of inhalers." - Ronda

"Receiving guidance from a guru or therapist didn't compare with the inner knowing that Unlimited Breath has connected me with." - Jonathan